



SUMMER 2019

DISCIPLINE

SOCCER LAC ST-LOUIS
In effect from May 1st to October 31st

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GENERAL INFORMATION

The Regional Council appoints:

- I. A Regional Disciplinary Committee.
- II. The Disciplinary Committee is an independent committee, and has full authority on all disciplinary cases in the Lac St-Louis region.

1. COMPOSITION

- I. Every year, the Regional Executive Committee appoints a Chairperson.
- II. The Chairperson shall submit, for approval by the Regional Executive Committee, a list of potential candidates to form the three (3) person Committee.
- III. The hearing may be heard before two (2) members of the Committee provided the concerned parties have given their written authorization.

2. JURISDICTION

The Disciplinary Committee shall have full jurisdiction in the following cases:

- I. Violations and/or expulsions occurring during a competition under the Association's jurisdiction and which were duly reported by officials.
- II. An individual or group's inappropriate words and/or actions which may be damaging to the game's good reputation, whether reported by the Region, a league, or club or tournament officials.
- III. A club's failure to provide a safe environment for players and officials.
- IV. This authority is in force during and following games involving players, coaches, parents/spectators and/or any member of the ARS Lac St-Louis.

3. EXCEPTIONS

The Regional Disciplinary Committee will refer the following cases to the FSQ Provincial Disciplinary Committee:

- I. Misconduct involving any alleged physical abuse and threatening verbal or physical behavior towards officials, players, coaches or spectators.
- II. Misconduct involving individuals or organizations that the Regional Disciplinary Committee believes should be reported to the Provincial Disciplinary Committee.

4. NOTICE OF HEARINGS

- I. A disciplinary hearing shall be held for every duly reported expulsion from a game. A player may be expelled after getting two yellow cards in one game or after getting one red card. A member of the coaching staff may be ejected without first getting a card (must be reported on official game sheet).
- II. An emergency hearing will be held for serious misconduct or serious rule violations reported before, during or after a match involving players, coaches, club members, teams or spectators. (Examples: police intervention, fight involving multiple players, coaches and/or spectators, and/or referees, on or off the playing field). Persons and organizations whose presence is deemed necessary by the Disciplinary Committee will

receive a written notice by email from discipline@soccerlsl.qc.ca 48 hours before the hearing. The Committee may sanction (with no possibility of appeal) a concerned party or parties who fail to appear at a hearing after receiving a notice of hearing. The decision shall be rendered in writing no later than 5 business days following the hearing.

5. DISCIPLINARY HEARINGS

- I. During the summer season, (May to October) hearings will be held at the Region's offices after the regional administrator has sent the notice of hearing.
- II. During the winter season (November to April), hearings will be held at the Region's offices after the regional administrator has sent the notice of hearing.
- III. Hearings will begin at 7pm, according to the schedule.
- IV. Hearings will be held in both official languages.
- V. The concerned person(s) will have the opportunity to read the referees' report before the hearing begins.
- VI. Hearings shall be public. However, the Committee Chairperson reserves the right to call for closed proceedings.
- VII. Hearings will begin with a reading of the accusations and of the official's report. If the latter is present, he/she will have the opportunity to comment on the report. No sanction shall be imposed if the official fails to submit a report before the deadline.
- VIII. The accused and/or their representatives and witnesses will have the opportunity to testify and be cross-examined by the Committee.
- IX. Taking into account the report and the facts presented, the Committee will make its decision in accordance with the FSQ's disciplinary regulations.

6. SANCTIONS

The Committee may impose the following sanctions:

- I. Suspension of all soccer activities for a specified period or until the suspension has been fully served.
- II. Suspensions are in effect until they have been fully served.
- III. Suspension for a specific number of games scheduled for a given competition.
- IV. A fine (when the accused is not a youth player).
- V. Suspended sentence.
- VI. Recommending a financial guarantee from the league.

N.B.: The number of suspension games includes the automatic suspension game already served (that is, the next scheduled league game following the expulsion).

7. GUIDELINES FOR SUSPENSIONS

The Committee will issue suspensions in accordance with the FSQ's disciplinary regulations: See Appendix A: Discipline Chart – ARS Lac St-Louis.

8. RECORD OF DECISION

- I. The regional administrator (discipline coordinator) must send the decisions rendered in hearings in writing to the league administrator no later than five (5) business days following the hearing.
- II. The Committee will produce a written report of the meeting, which shall include: its recommendations, the written testimonies of the referees, accused, witnesses, the facts taken into account by the members of the Committee and the reasons for their decision. These reports shall be kept on file for five (5) years. Any interested person may make an appointment to consult the original documents, in the presence of a league official. Notes may be taken but the reports cannot leave the region.
- III. The league administrator shall transmit the decision, in writing, to the concerned clubs, who will then advise their teams, coaches, and players.
- IV. All individuals and/or organizations having appeared before the disciplinary committee during a special hearing shall be directly informed of the decision in writing.

9. FEES

Consult the fee schedule on the Lac St-Louis region website.

10. IF YOU WERE EXPELLED FROM A GAME

If you were expelled from a game, you will receive a notice by email within 5 business days of your expulsion. This email will contain the details of your suspension and the referee's report.

If you receive two (2) yellow cards in the same game (the equivalent of a red card):

- YOU ARE AUTOMATICALLY SUSPENDED FROM YOUR NEXT SCHEDULED LEAGUE GAME. Additional sanctions may be imposed by the Disciplinary Committee, see Appendix A: Discipline Chart – ARS Lac St-Louis.

If you receive a red card:

- YOU ARE AUTOMATICALLY SUSPENDED FROM YOUR NEXT SCHEDULED LEAGUE GAME. Additional sanctions may be imposed by the Disciplinary Committee, see Appendix A: Discipline Chart – ARS Lac St-Louis.

10.1 Hearing before the Regional Disciplinary Committee

There is a 1 game minimum suspension, the automatic game suspension following the expulsion.

10.1.1 Challenging the decision

Should you decide to challenge the additional suspension given according to the chart's guidelines, please be present at the scheduled hearing.

You may challenge the additional suspension in the 48 business hours following the notice of suspension by sending an email to the regional administrator (discipline

coordinator). The club will automatically be charged a \$50 fee. However, should the sanction be reduced or upheld, the fees will be kept by the Region. Should the sanction be overturned, no fees will be kept by the Region.

10.1.2 Notice to attend a hearing

If you have received a notice to attend by email, you must be present on the day and at the time of the hearing as set by the regional administrator. In such cases, the person summoned to the hearing does not pay any hearing fees.

A coach who has been expelled will automatically be called upon to appear before the Disciplinary Committee.

NB: In all cases, should you be unable to attend, your suspension will be in effect until you appear before the Regional Disciplinary Committee.

Only the additional sanctions may be challenged. A disciplinary hearing date will be proposed. In the meantime, you will need to respect the one (1) game automatic suspension.

Once you've confirmed your presence to the Disciplinary Committee, you may rejoin the team as a player or coach until you appear before the Disciplinary Committee for your disciplinary hearing.

- You may be represented by a member of your club or team who may testify on your behalf.
- You may have witnesses who may testify in your defense.
- If you are a youth player, you must be accompanied by your coach or a parent.
- If you can't be present at the time and date proposed in the notice of hearing (because you're on vacation, for instance), you may ask, only once per season, that the hearing be postponed to a later date. This request must be sent in writing to the regional administrator (Discipline Coordinator) before the original date of the hearing.

* Failure to attend, be represented, or plead guilty, will lead to losing your right to appeal should you be subject to additional disciplinary measures. The suspension will automatically come into effect and the additional suspension will need to be served.

APPEAL

REGIONAL APPEAL COMMITTEE

The Regional Council appoints:

- I. The Regional Appeal Committee

1. COMMITTEE'S COMPOSITION

The executive vice-president (Regional Council) is responsible for creating the Appeal Committees on an ad hoc basis, as required, depending on the nature of the appeal. Members of these Committees shall be free of conflicts of interest.

2. JURISDICTION

The Committees shall hear the appeals related to the decisions rendered by the regional leagues and the Regional Disciplinary Committee.

3. PROCEDURE

- I. The appeal request must be made in writing and sent by registered mail to the regional administrator within five **(5 days)** working days following receipt of the regional league and Regional Discipline Committee's decision at the following address:
ARS Lac St-Louis, 775, 1ère Avenue, Lachine, Québec, H8S 2S6
- II. The appellant must forward a copy of the appeal request to the opposing party and to the league and attach proof of this notification to the appeal request.
- III. The opposing team and the league may, within five **(5 days)** working days of receipt of said document, state the reasons for which the appeal is not required to be heard.
- IV. The request must include:
 - A copy of the decision being challenged.
 - A statement of the facts and the reasons for appealing the allegedly unfair decision.
 - Proof of the notice of appeal request sent to the opposing team and the league.
 - The \$300 fee
- V. Results:
 - If the sentence is reduced, a \$100 fee will be kept.
 - In the event that the sentence is completely overturned, no costs will be retained by the Region.
 - If the decision is upheld, the Region keeps the \$300 fee.

4. HEARINGS

- I. The ad hoc Appeal Committee will decide whether or not appeals will be heard on a case-by-case basis.
- II. The date of the hearing will be set within seven **(7 days)** business days following receipt of the appeal request.

5. DECISIONS

- I. The Appeal Committee may uphold or overturn an appealed decision, or may also render a different decision that it deems more appropriate and fair.
- II. A notice of the decision will be sent to all concerned parties within five **(5 days)** business days following the hearing.
- III. The decisions rendered by the Regional Appeal Committee may be appealed to the FSQ's Appeal Committee.

APPENDIX A
DISCIPLINE CHART - ARS LAC ST-LOUIS



Discipline Chart – ARS Lac St-Louis (For all the leagues)

Révisé le 26 novembre 2018

REMINDER

1. Automatic sanctions decisions may not be contested. If there is an administrative error*, please contact the ARS Lac St-Louis regional discipline administrator by email.
2. 5 VII: Hearing begins by stating reading the charge and the referee's discipline report. The ejected player/coach will have the opportunity to comment or quality the report.
3. 8: The regional discipline administrator will send the results of the hearings within five (5) business days of the hearing.
4. 10: If you cannot attend the hearing on the set date, you may make a written request to postpone the hearing until the next session, but you will be suspended until your case has been heard.
5. All ejected team officials must attend the hearing at the date scheduled by the Regional Discipline Committee (RDC).
6. Any violent conduct toward a match official is automatically referred to the Provincial Discipline Committee (PDC). The offending person is banned from any sporting activity until the holding of the provincial hearing.
7. **For any infraction committed against a match official, the suspensions indicated in the chart below will be doubled. (The point 7 does not apply to the first article).**

EJECTION OF A TEAM OFFICIAL → FIFA Law 5						
	# of games	1	2	3	4	5 or more
C1 – Excessive contestation from a team official member * (see note 5)						
The team official repeatedly criticizes the referee's decisions verbally by using gestures (the point 7 does not apply).	1st offense	1				
	2nd offense		2			
	3rd offense				4	
C2 – Moderate expulsion						
The team official uses offensive, insulting or abusive language and/or gestures. Ex: insults, confrontations, etc.	1st offense		2			
	2nd offense				4	
	3rd offense	→	→	→	→	5 games + CDR hearing + 3 month probation
C3 – Extreme expulsion						
The team official uses threatening or extremely offensive, insulting and or abusive language and/or gestures.	1st offense				4	
	2nd offense	→	→	→	→	10 games + CDR hearing + 1 year probation
C4 – Violence of threat of violence towards a game official or a fraudulent act → CASE REFERRED TO THE FSQ						
EJECTION OF A PLAYER → FIFA Law 12						
The RDC reserves the right to increase the minimum penalty according to the gravity of the offense committed						
P1 - Second caution (yellow card)						
	1st offense	1				
P2 - Denying an obvious goal scoring opportunity by handling the ball or by contact with player in possession of the ball						
	1st offense	1				

***Administrative error:** Error occurring during the discipline process (referee, administration or the discipline committee)

***Probation:** Any player or coach on probation will be suspended for a period of one year, if they commit the following acts before the end of their probation:

- Found guilty of two C1 offenses (date of offense and not hearing date)
- Found guilty of one C2, C3, C4 offense or a serious player infraction according to the CDR (date of offense and not hearing date).
- Found guilty of any offense for which the coach was not ejected, but the behavior merited the equivalent of a C2, C3, C4 sanction. This decision will be made during a RDC hearing.

# of games	1	2	3	4	5 or more
P3 - Violent conduct					
1 st offense			3		
2 nd offense					5 games + CDR hearing + 3 month probation
Additional suspensions for specific acts					
Headbutt	→	→	→	→	10 games
Leaving the bench without the referee's authorization to participate in a mass confrontation	→	→	→	→	6 games
P4 - Uses offensive, insulting or abusive language and/or gestures					
1 st offense	1				
2 nd offense			3		
3 rd offense	→	→	→	→	6 games + CDR hearing
Additional suspensions for specific acts					
Disrespectful behavior	Maximum	→	→	→	→
Verbal or gestural threats toward players, officials or any other person				4	Plus 3 month probation
Racism		→	→	→	→
P5 - Serious foul play					
1 st offense	1				
2 nd offense		2			
3 rd offense				4	
Additional suspensions for specific acts					
Serious foul play that endangers the safety of the opponent or with intent to injure due to excessive force		2			
P6 - Spits at an opponent or any other team					
1 st offense	→	→	→	→	10 games + 1 year probation
2 nd offense	→	→	→	→	10 games + 2 year probation
Indefinite suspension and file sent to FSQ					
P7 - Violence or attempted violence toward a match official or a fraudulent act → CASE REFERRED TO FSQ					
Additional suspensions for players and coaches					
A1 - Not leaving the field and its proximity within a reasonable delay					
Minimum	1				
A2 - Continued misconduct					
Minimum	1				
A3 - Returning to the field or the proximity of the field after being ejected					
Minimum		2			

APPENDIX B
« TOLÉRANCE ZÉRO »



Use of hostile language.

It's time to act.

Tolérance zéro au Lac St-Louis.

To all our clubs,

In reference to some disgraceful incidents that took place on our fields, and even extending beyond our sport areas through the use of the social network such as Facebook, the Lac St-Louis Regional Association is taking a drastic step toward by reinforcing the rules of the Quebec Soccer Federation in regards to hostile language.

31. Hostile language

Anyone who speaks in a hostile or defamatory, that is insubordinate or who questions the honesty of the federation or one of its members will be brought before the disciplinary committee which has jurisdiction in this case and may be awarded a suspension of five (5) years maximum and/or a fine not exceeding one thousand dollars (\$1 000).

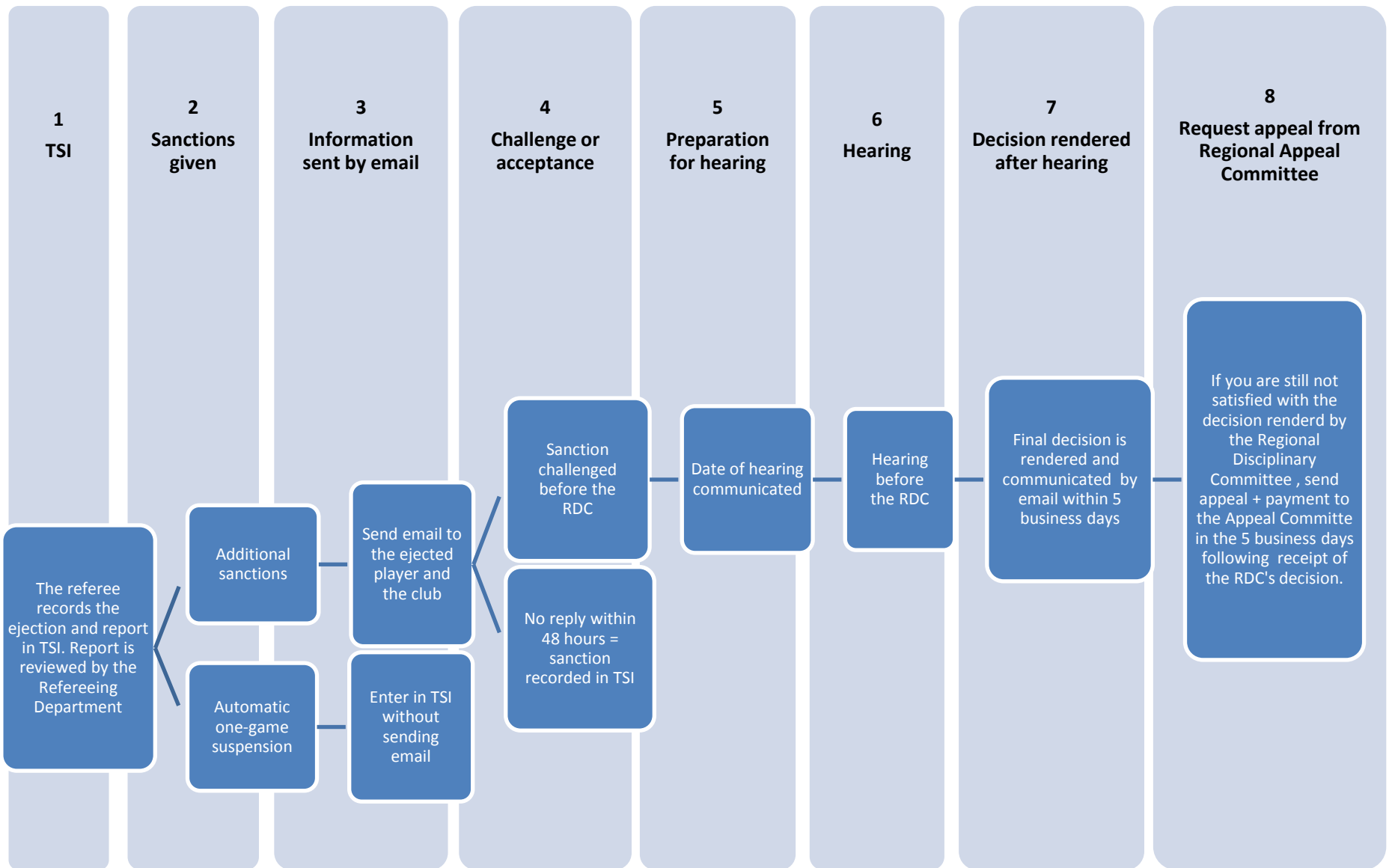
It is then the responsibility of the clubs to instruct their members of this policy.

The campaign aims to systematically eradicate violence, written, verbal, gestural or physical, and allow all affiliated members to practice their sport in a pleasant and safe environment. We thank you all for your valuable support in cleaning out our sport.

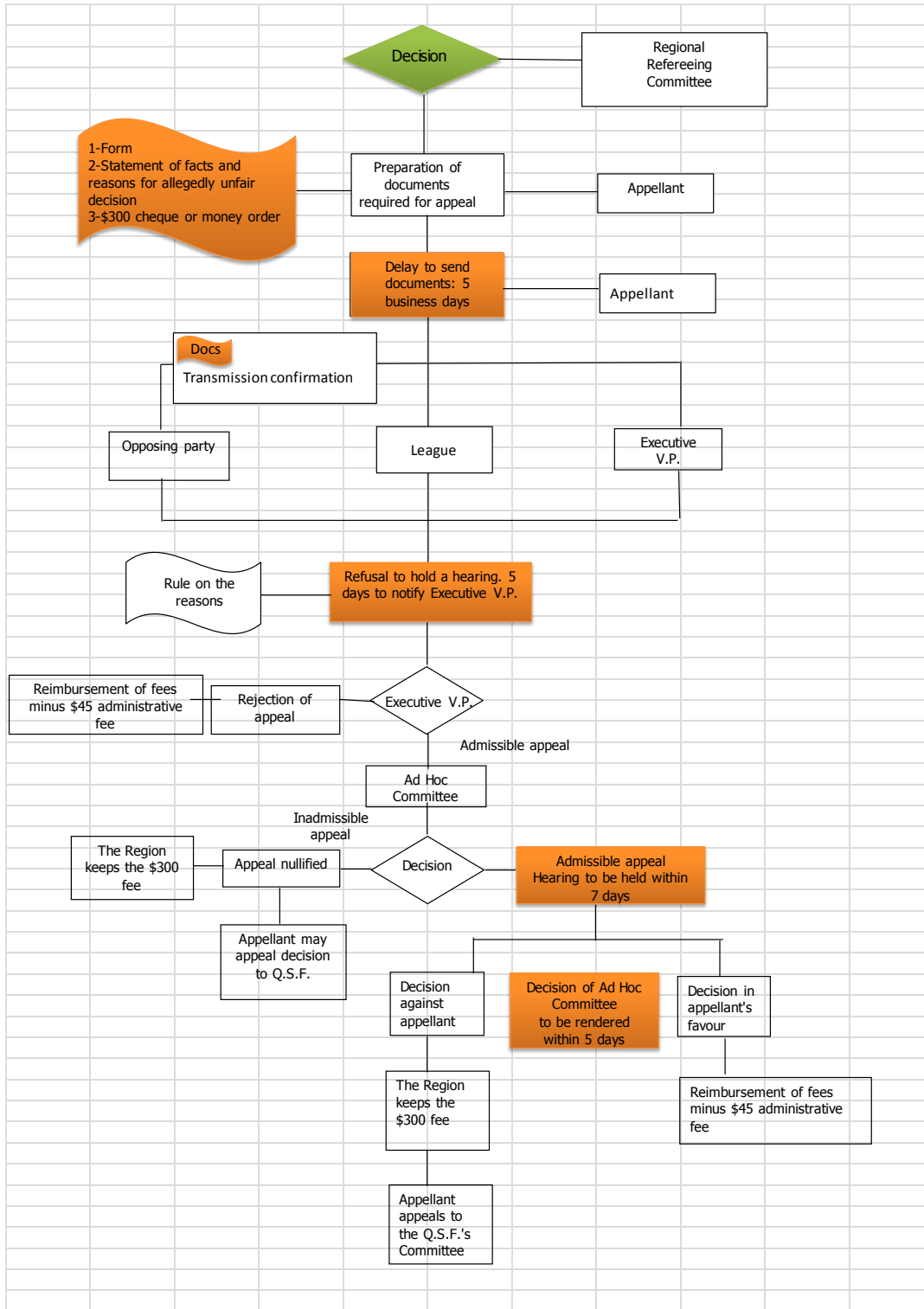
Friday, July 27th 2012

Source : ARS Lac St-Louis

APPENDIX C
DISCIPLINE COMMITTEE FLOWCHART



APPENDIX D
APPEAL FLOWCHART



APPENDIX E
PROTEST/APPEAL



SOCCER LAC ST-LOUIS

775, 1^{ère} Avenue Lachine, QC H8S 2S6 Tél.: 514.631.5603 www.arslacstlouis.com

PROTEST - APPEAL

****An accordance to the Rules & Regulations of the Youth & Seniors Leagues of ARS Lac St Louis****

For the reasons stated below, I wish to:

- Protest (already indicated on game sheet)
- File for an appeal

Game number, date and time: _____

Home vs Away: _____

Field: _____

Reason:

Reference article: _____

Please circle the reference documents: Youth/senior league – FSQ – FIFA

Exhibits/documents attached: _____

Signature: _____

Nom (print): _____

Date: _____

Address: _____

Postal Code: _____

Telephone: () _____

Email: _____

Witness (es): _____

Téléphone : () _____

President's signature or club representative: _____

Function: _____

Name of club: _____

APPENDIX F
COMPLAINT FORM



SOCCER LAC ST-LOUIS

775, 1^{ère} Avenue Lachine, QC H8S 2S6 Tél.: 514.631.5603 www.arslacstlouis.com

Complaint Form

I hereby wish to make a complaint to the Provincial Disciplinary Committee against:

For the reasons hereinafter mentioned, I am calling for sanctions in accordance with the provisions of the regulations of the Canadian Soccer Association and/or the general rules and/or regulations of the Québec Soccer Federation.

DESCRIPTION OF INFRACTION

Date and time:

Place:

Nature :

Exhibits/documents attached:

Signed at:

Date :

INFORMATION ON COMPLAINANT

Family Name:

First Name :

Address:

City:

Postal Code:

Telephone:

Email:

Signature: